

# MANGIA

Specials for **Wednesday, February 08, 2012**

50 W 57 Street

## ANTIPASTI INSALATE

**Grilled Salmon**  
over mesclun,  
with barley  
\$14.95

**Mesclun Salad**  
with hearts of  
palm,  
artichokes,  
asparagus &  
parmesan, in  
herbvinaigrette  
\$9.95

## SOUP

**Potato Cheddar**

**Lentil**

**Chicken Vegetable**

**Vegetarian Tomato**  
with eggplant  
& parmesan

\$5 / \$6

## JUICE

**Immune Booster**  
carrot, beet, banana,  
ginger & garlic  
**Blueberry Blast**  
orange, banana,  
blueberry, maple syrup &  
wheat germ  
\$5.5 / \$6.5

## PIZZA / PANINI

**Margharita Pizza**  
with tomatoes, basil,  
mozzarella & tomato  
sauce  
\$9.50

**Veal Schiacciata Panini**  
With mozzarella,  
tomatoes, romaine &  
balsamic glaze  
\$8.95

## ENTREE A LA MINUTE

**Grilled Salmon** with dill butter  
**Cumin Rubbed Grilled Chicken** with tandoori  
sauce  
**Grilled Rib Eye Steak** with red wine & shallot  
sauce  
served with accompaniment of tuscan oven fries &  
steamed cauliflower & broccoli  
\$14

**Salmon Cake**  
with dijon wine sauce, served with rice pilaf &  
tomato zucchini saute  
\$14

**Orecchiette Pasta**  
with sausage & broccoli rabe  
\$13

**Lasagna Bolognese**  
with fresh ground beef  
\$14

**Fish & Chips**  
fried cod served with French fries & tartar sauce  
\$14.95

**Mangia Cheeseburger**  
fresh ground beef, served with french fries &  
choice of our home made dipping sauce  
\$14

## SANDWICHES

**Braised Beef Short Rib Hot Sandwich**  
with caramelized onions & horseradish cream, on ciabatta \$9.95

**Grilled Chicken**  
with mozzarella, artichokes, peppers & olive oil, on 7 grain \$9.95



## SIDES

**Quiche** with broccoli, mushrooms & swiss cheese \$ 5

**Shells** with roasted brussel sprouts, butternut squash & pecorino  
**Poached Red Potatoes** with dill, scallions, celery & dijon  
vinaigrette

**Barley** with red peppers, fennel, capers, lemon, basil & olive oil  
**Roasted Brussel Sprouts** with balsamic glaze, roasted shallots &  
toasted walnuts \$ 4.5

## DESSERTS

**individual 3" cake \$6 / per slice \$4.95**

Carrot Cake Flan Napolitano

Crème Brulee Tart

**Buddy Fruits** -four flavors: orange, apple, pomegranate & acai ,  
raspberry , only 95 calories of pure fruit & nothing else  
\$1.49

## DINNER

serving at 3 pm

**Seafood Risotto**  
with clams, calamari & shrimp  
\$13.95

**Seared Salmon Burger**  
with saffron aioli, avocado, tomatoes & alfalfa  
sprouts, served with potato salad  
\$13.95

**Lamb Stew**  
with carrots, potatoes & green peas, served with  
grilled polenta  
\$14.50

**Nicoise Salad**  
with tuna, haricot vert, olives, peppers, hard boiled  
egg, potatoes & onions, in nicoise dressing  
\$12.00

**Tiramisu** **Crème Brulee**  
\$4.50

For deliveries please call 212.582.5882

www.mangiatogo.com